



Vicki Steine, LCSW
License 1196
4939 Lower Roswell Road, Suite 201, Building C, Marietta, Ga 30067
404-275-6200

Consent for Treatment and/or Consultation

I, _____, on behalf of my child _____ authorize and request that Vicki Steine, LCSW provide counseling, evaluation, treatment and or assessment procedures, which now or during the course of my care as a client are advisable. The frequency and type of treatment will be decided between my therapist/ nutrition educator and me.

I understand that the purpose of these procedures will be explained to me and be subject to my verbal agreement.

I understand that there is an expectation that I will benefit from psychotherapy and or nutrition consultation but there is no guarantee that this will occur.

I understand that maximum benefit will occur with consistent attendance and that at times I may be conflicted about my therapy as the process can sometimes be uncomfortable.

I have read and fully understand this Consent for Treatment Form.

Client Signature: _____

Parent Signature _____
For minor

Date _____



Communication Addendum to the Informed Consent Agreement

Secure and private communication cannot be fully assured utilizing cell/smart phone or regular email technologies. It is the client's right to determine whether communication using non-secure technologies may be permitted and under what circumstances. Use of any non-secure technologies to contact Vicki Steine, LCSW will be considered to imply consent to return messages to client via the same non-secure technology, pending further clarification from client. Please check below which modes of communication are permitted and which are not permitted. This consent may be altered at any time should circumstances or preferences change.

In the event that the client chooses not to allow non-secure modes of communication, contact will only be made via wire to wire phone, wire to wire fax, or mail.

Voice communication to client's cell/smart phone for:

- Scheduling appointments Permitted Not permitted
- Appointment reminders Permitted Not permitted
- Between session contact Permitted Not permitted

Voice communication from Vicki Steine's cell/smart phone for:

- Scheduling appointments Permitted Not permitted
- Appointment reminders Permitted Not permitted
- Between session contact Permitted Not permitted

Fax communication to client's non-secure fax or E-fax for:

- Scheduling appointments Permitted Not permitted
- Appointment reminders Permitted Not permitted
- Between session contact Permitted Not permitted

If permitted, list permitted fax number(s): _____



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Text communication to client's cell/smart phone for:

- Scheduling appointments ___ Permitted ___ Not permitted
Appointment reminders ___ Permitted ___ Not permitted
Between session contact ___ Permitted ___ Not permitted

Text communication from Vicki Steine's cell/smart phone for:

- Scheduling appointments ___ Permitted ___ Not permitted
Appointment reminders ___ Permitted ___ Not permitted
Between session contact ___ Permitted ___ Not permitted

Contact via the client's email for:

- Scheduling appointments ___ Permitted ___ Not permitted
Appointment reminders ___ Permitted ___ Not permitted
Between session contact ___ Permitted ___ Not permitted

If permitted, list permitted email address(es): _____

Teleconferencing based on communication to client's portal for:

- Scheduling appointments ___ Permitted ___ Not permitted
Appointment reminders ___ Permitted ___ Not permitted
Between session contact ___ Permitted ___ Not permitted

If permitted, list permitted portal site: _____



Teleconferencing based on communication from Vicki Steine’s portal for: (Not applicable at this time)

Scheduling appointments Permitted Not permitted

Appointment reminders Permitted Not permitted

Between session contact Permitted Not permitted

If permitted, list permitted portal site(s): _____

Statement of Validation Regarding Communication Addendum to the Informed Consent Agreement:

I have read this Statement of Services, it has been adequately explained to me, and I understand its contents.

By Client (s)

Print Name Here

Sign Here

Date

Print Name Here

Sign Here

Date

By Vicki Steine, DSC, LCSW



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Rating Scale of Concerns

Using a scale of 1-10, with 1 be lowest, 10 being highest, please rate your areas of concern.

If you rate something over 7, please describe in more detail in the comment section below.

- | | | |
|---|---|--|
| <input type="checkbox"/> Personal relationships | <input type="checkbox"/> Depression | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Physical health | <input type="checkbox"/> Mood Swings | <input type="checkbox"/> Pain |
| <input type="checkbox"/> Mental health | <input type="checkbox"/> Anger | <input type="checkbox"/> Fatigue, lethargy |
| <input type="checkbox"/> Spiritual | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Hormonal issues |
| <input type="checkbox"/> Work | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> Finance | <input type="checkbox"/> Trauma PTSD | <input type="checkbox"/> Sleeping issues |
| <input type="checkbox"/> Eating/nutrition | <input type="checkbox"/> Memory problems | <input type="checkbox"/> Safety |
| <input type="checkbox"/> Addiction | <input type="checkbox"/> Personal Direction | <input type="checkbox"/> Major life Change _____ |
| | | <input type="checkbox"/> Other |

Comment here if you rated something 7 or higher. Please write the category as well as your comments. Please write legibly. Use the back of this sheet if necessary.



Last Name _____

Nutrition Educator Service Agreement

On behalf of my child _____, I, _____ am consulting with Vicki Steine, Doctor of Science in Holistic Nutrition and Licensed Clinical Social Worker to gain information on health and wellness. I understand that Vicki Steine is NOT a physician and that she does not dispense medical advice nor prescribe treatment. Rather, she provides information to enhance my knowledge of how nutritious foods, herbs, supplements, and lifestyle affect health.

Vicki Steine's training includes a Doctorate in Holistic Nutrition from Hawthorn University, a distance learning school based out of California. She also has a Masters in Social Work from the University of Georgia and a Bachelor's of Science in Child and Family Development from the University of Georgia. The methods of evaluation employed on my behalf, which may include diet, supplementation, and lab assessments are not intended to diagnose disease. I specifically authorize the use of such assessments to help develop an appropriate dietary and health-supporting program and to monitor progress toward achieving my stated health goals.

These services are not a substitute for medical care, and do not claim to diagnose, treat, or alleviate disease. Nutrition education services are not licensed in the state of Georgia and they are alternative or complementary to the healing arts services licensed by the state. For medical diagnosis and treatment of disease, I would need to consult with a medical physician or other licensed healthcare practitioner.

I am acting solely on behalf of myself and my child. I do not represent any other person, entity, and/or governmental agency.

My child currently is ___ or is not ___ under the care of a physician for a health problem or medical condition. By providing the following information, I give Vicki Steine permission to contact his/her physician _____ (name), at the following phone number _____ on my behalf. The purpose of this contact would be to attain additional information from my doctor on his/her diagnosis or recommended treatment in order that Dr. Steine may best provide me with appropriate and complementary information. I know that Dr. Steine is not, and cannot be, a primary healthcare provider.

I agree to hold Dr. Vicki Steine and Your Healthy Structure and MindBodyMotion harmless for any claims or damages in association with our work together. This is a contract between Dr. Vicki Steine/Your Healthy Structure/MindandMotion and me and a general release of liability to Dr. Vicki Steine and Your Healthy Structure and MindandMotion.

I understand that Dr. Vicki Steine has a 24 hour cancellation policy and I am aware that I will be charged for a missed session if proper notice is not given by calling and leaving a message at 404-275-6200.

Signature _____ Date _____

Client Name _____ for Child's Name _____

Please keep a copy for your records.



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Date: _____ Referred by: _____

If you are an EAP client, authorization number _____

Client Name: _____ DOB: _____ Age: _____

Address: _____

State: _____ Zip: _____ Home phone: _____ Male__ Female__

Mom cell: _____ Dad cell: _____ Client cell: _____

Email address: _____

School: _____ Grade: _____

Client/parent/guardian employer: _____

List people who live in home:

Name	Relationship to Client	Age	Unusual Problems

Client's marital status: N/A Single Married Separated Divorced Widowed Other

Client's parents marital status: Single Married Separated Divorced Widowed Other

Diagnosis: _____

Please list medications:

Medication	Condition Requiring Meds	Prescribing Dr.	Optional: Dr. phone	Dates meds started



Vicki Steine, DSc; Holistic Nutrition; LCSW
4939 Lower Roswell Road Suite 201 Marietta,
Ga. 30068
Office 404-275-6200
Vicki@yourhealthystructure.com

Dear Client,

In an effort to better serve you and keep the practice running smoothly, here are a few reminders about office policy:

Sessions are 50 minutes, unless otherwise discussed, and begin and end promptly.

Business, such as payment and appointment scheduling, is handled at the end of each session.

Payment is due at the time services are rendered. I am not on any insurance panels, however, as an LCSW, I am often covered as an out of network provider. A superbill will be given to you to submit for reimbursement from your insurance company if you so request. You may keep a credit card number on file with me for ease of payment. Cash and checks are also welcome.

Cancellations: Your time is reserved for you and cancellations must be made **24 hours prior to the appointment time** or the **full fee** will be charged.

Emergency situations: Of course it is understandable that emergency situations might arise that could prevent you from being able to cancel your appointment 24 hours in advance. Included in this category are: illness, illness of your child, accident and car trouble. A phone call informing me of your situation would be appreciated.

Scheduled Telephone or Telehealth Sessions: If you are ill, at home caring for someone ill, are hospitalized, or have some other reason you cannot come in to the office and wish to schedule an appointment, that option is available to you. Request a telehealth session and I will set it up in my system. My calendar will send you a link and code specific for your appointment. At the scheduled time, simply log in and meet me in the remote room. If you have not arrived within 3 minutes of our scheduled time, I will send you the code and link via email and try to phone you. Technology doesn't always work well!

COVID-During this pandemic all appointments are remote. If you feel you must meet in person, please discuss it with me.

Additional Professional Services: Additional charges will be added to your account for professional services rendered by me, including:

Unscheduled telephone contacts over 15 minutes. The first 15 minutes are free. The charge for the first 30 minutes is \$80. Full fee will be charged at 45 minutes.

Extensive communication with insurance companies or **special reports** will be billed at the same rate as above.



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Confidentiality: As a reminder, client/therapist confidentiality is upheld unless there are disclosures of child abuse or of harm to the self or others.

Social Media:

I do use social media to promote my business. However, I have set boundaries on how I use it:

1. I will never look you up on social media
2. I will never friend you or “like” a post
3. I will never follow you on any platform
4. I reserve texting for communicating appointment changes. If you have something important to tell me, we will switch to HIPPA compliant email through my medical records system.
5. By signing this agreement, you understand that there are limits to confidentiality and I cannot be responsible for what you communicate to me via non-secure devices.
6. My email through my EMR (electronic medical records system) is HIPPA compliant and secure
7. During COVID certain programs are allowed including Zoom and FaceTime
8. My email address at vicki@yourhealthystructure is encrypted through gmail and is only seen by me

Waiting Area: Please wait in the lobby for me to come get you.

COVID-if we have decided on a face to face meeting, please wait in the car and text me that you have arrived. I will escort you inside. If you are dropping and picking up someone else, please text that you are in the parking lot at the end of the session and we will walk out.

Because I am human and issues can arise for anyone, if I have communicated something to you, either verbally or in writing, that is confusing or upsetting in any way, I encourage you to **please discuss it with me.** I thank you for choosing me as your therapist and I look forward to assisting you on your path.

I have read and understand the policies mentioned above.

Signed by: _____

Date: _____

Additional: I would like to be added to the weekly blog/newsletter, Your Healthy Structure. Information is provided on mental health and nutrition.

Please circle: Yes No



Vicki Steine, LCSW

NOTICE OF PRIVACY PRACTICES

Please review this carefully

The privacy of your health information is an important matter

This notice describes how medical information about you may be disclosed and how you can get access to this information. I am required by law to provide you with the information because of the privacy regulations of a federal law called the Health Insurance Portability and Accountability Act of 1998 (HIPAA). Because this law and the state laws are rather complicated, I have attempted to simplify the information.

If you have any questions about the information contained in this privacy policy, please do not hesitate to ask. Each practice must have a designated Privacy Officer and she will be glad to answer your questions. I handle all of my own administrative matters.

The HIPAA law requires me to keep your Protected Health Information private and to give you this notice of this privacy policy and legal duties which is called the Notice of Privacy Practices or NPP. When I read you information it is called "use", in the law. If your information is shared with others outside of myself it is called "disclosure", in the law. When I disclose your Protected Health Information with others I share only the minimum necessary information needed for the purpose. The law gives you the right to know about your PHI, how it is used and to have the right say to say how it is disclosed.

Each time you visit me or any healthcare provider, information is collected about you and your physical/mental health. It may be if information about your past, present or future health or conditions, or the treatment you received from others or me or about payment for healthcare. The information I collect from you is called PHI, which stands for Protected Health Information. This information goes into your healthcare record or file.

Generally, I use your PHI for three purposes: treatment, obtaining payment and healthcare operations. I use your information to bill you or your insurance company to be paid for treatment I provide to you. I have to tell your insurance company about your diagnosis, what services you received, at times your progress, and treatment plans.

The PHI is likely to include these kinds of information:

Social and medical history, reasons you came for treatment/counseling; diagnosis; treatment plan; progress notes; records I receive from other professionals who have evaluated/treated you; psychological matters, if applicable; billing and insurance information.

I use this information for the following purposes:

To plan your treatment; to decide how well the plan is working; when I talk with other healthcare professionals who are treating you; when I talk to other healthcare professionals who referred you to me; to show that you actually received the services for which I bill you or your health insurance company.

If I want to disclose, (release) your information for any purpose, I will need your written permission on an authorization form to allow this.

The law requires me to disclose information without your consent in certain situations. The following situations are:

I have to report suspected child abuse

If you are involved in a lawsuit or legal proceeding and I receive a subpoena, I may have to disclose information.

If I receive a court order to disclose information, I will have to obey the order.



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When there is a serious threat to your health and safety or the health and safety of another individual or public. (I will only share information with a person or organization that is able to help prevent or reduce the threat.)

I may have to disclose information to the government agencies that check on healthcare providers like me, to see that we are obeying the privacy laws.

Although your health record is the physical property of the healthcare provider who collected it, in this case I, the information belongs to you. You have a right to inspect, read or review it. If you want a copy I can provide this; however, there may be a charge for the costs of copying and mailing if you want it mailed to you. In some situations you cannot see all of what is in your records. If this is the case, I will be happy to explain this to you

You may request how I contact you, for example, if you wish to be contacted at home only or work only or by cell phone only, etc.

If you find anything in your record that you think is incorrect or you think something important is missing you can ask me to change or amend your record, although in some rare situations I don't have to agree to do that

You have a right to a copy of this notice. You have a right to file a complaint if you feel your rights have been violated. You can also file a complaint with the Secretary of Health and Human Services, US Department of Health and Human Services, Washington, D.C.

I have read and understand the information outlined above.

Signature of Client

Date



Vicki Steine, DSc, LCSW
404-275-6200

RELEASE OF INFORMATION

I, _____, hereby authorize Vicki Steine, DSc, LCSW, to
release or exchange information pertaining to my evaluation and/or counseling sessions to
(name(s):

for the purpose of: _____
(indicate the specific reason)

I understand that authorization shall remain valid from the date of my signature below and for 12
months thereafter ending on: _____

I have been informed that I may revoke this authorization by written or oral communication to Vicki
Steine, DSc, LCSW at any time. I certify that this form has been fully explained to me and that I
understand its contents.

Signature of Client

Date of Authorization

Signature of Witness

Date